

Facts About Open and Closed Rhinoplasty

1. What Is Open Rhinoplasty?

Open rhinoplasty uses a small incision along the columella to lift the nasal skin and expose the underlying bone and cartilage directly. This visibility makes it the preferred choice for significant tip reshaping, correcting asymmetries, revision surgery, or complex structural changes.



2. What Is Closed Rhinoplasty?

Closed rhinoplasty places all incisions inside the nostrils, leaving no external scar. It suits subtle refinements, bridge adjustments, bump reduction, and minimal tip work, and produces elegant, natural results in the hands of a skilled surgeon.



3. Comparing Recovery and Results

Open rhinoplasty typically involves more swelling and a slightly longer recovery, with an external scar that heals to near-invisibility. Closed rhinoplasty heals faster with internal scarring only. Both allow return to light activity within a week, with final results taking several months to fully settle.



4. How to Know Which One Is Right for You

The right technique depends on your goals, preferred recovery timeline, and comfort with a visible scar. A qualified surgeon can examine your anatomy and recommend the approach that best matches your specific outcome; one method is not inherently better than the other.



5. Technique Isn't Everything, But Your Identity Is

Understanding the technical side of rhinoplasty matters, but what matters most is feeling comfortable with the process and the result. A rhinoplasty should help you match your appearance to your identity without completely reforming your features.

