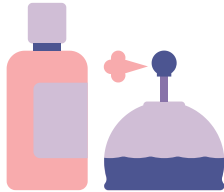


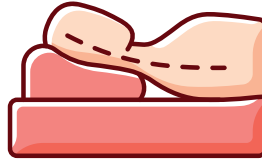
# GENERAL AFTER SURGERY INSTRUCTIONS



May shower after  
1-2 DAYS.  
**NO** baths for 6 WEEKS.



**Avoid** any scented  
lotions or perfumes  
around incision site.



Make sure to sleep on  
your back propped up  
with pillows.



**NOTIFY US IF:**  
You have a fever,  
redness, or drainage at  
your incision site.



Take all medications as  
instructed.



**NO** smoking or drinking  
alcohol for  
**AT LEAST 6 WEEKS.**



**NO** driving until off  
**ALL** pain medications.



Make sure to eat plenty  
of vegetables and foods  
high in protein.



**NO** heavy lifting for  
**4-6 WEEKS.**



After 3 weeks you can  
start using scar cream.  
**DO NOT USE** if incision is  
not fully healed.