

# Lift Plastic Surgery Virtual Consultation Photographs

In order to help expedite your virtual consultation, we ask that you please submit photographs to our HIPAA-compliant, secure patient portal located here -

https://www.mypatientvisit.com/#/login?practiceID=QZJGXU

Below are examples of photographic standards that are commonly used to help capture those problematic areas in a systematic and reproducible fashion

\*\*\* Don't forget about turning the other way!

# CLOSE-UP FACE Target Area: 15x10cm (horizontal) Reproduction Ratio: 1:4 Camera-to-Patient Distance: Patient Preparation: Pull hair off face and behind ears (use black headband or small clips that hold hair without pulling), remove jewelry and eyeglasses, remove heavy makeup, cover shirt collar with black drape. Patient Positioning: Seat patient on a stool adjusted to a comfortable height and placed at the center of a tape mark pattern. Patient should sit up straight with feet on either side of the appropriate tape mark. When turning for oblique and lateral views, patient should rotate entire body (shoulders and feet). Framing: Place eyebrows (or proximal eyebrow) at top of frame. Center nose horizontally in all views. Special Notes: For basal view, tip of nose should be aligned with upper eyelid crease.

#### **FULL FACE**

Target Area: 24x36cm (vertical)

Reproduction Ratio: 1:10

Camera-to-Patient Distance:

Patient Preparation: Same as close-up face (see above)
Patient Positioning: Same as close-up face (see above)

**Framing:** Center ears vertically in all views. For frontal and oblique views, center entire head horizontally. For lateral views, place front

of face 1/4 frame from edge.







#### **MOUTH**

Target Area: 15x10cm (horizontal)

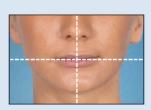
Reproduction Ratio: 1:4
Camera-to-Patient Distance:

**Patient Preparation:** Pull hair off face and behind ears, remove lipstick and other makeup, remove any distracting jewelry, cover shirt collar with black drape.

Patient Positioning: Seat patient on a stool adjusted to a comfortable height and placed at the center of a tape mark pattern. Patient should sit up straight with feet on either side of the appropriate tape mark. When turning for oblique and lateral views, patient should rotate entire body (shoulders and feet).

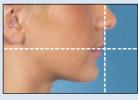
**Framing:** Center mouth vertically in all views. In anterior views, center mouth horizontally. In oblique and lateral views, position lips 1/4 frame from edge.

**Special Notes:** For intraoral photographs, use flash heads positioned close to end of lens.











#### **BREASTS**

Target Area: 45x30cm (horizontal)

Reproduction Ratio: 1:12
Camera-to-Patient Distance:

Patient Preparation: Patient disrobed above the waist. Remove any

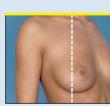
visible jewelry.

Patient Positioning: Same as TRAM (see above).

**Framing:** Position clavicles at top of frame. For frontal and oblique views, center torso horizontally. For lateral views, center mass of proximal breast horizontally.

**Special Notes:** Distal breast should not be visible in lateral views.







## **ABDOMEN**

Target Area: 45x30cm (horizontal)

Reproduction Ratio: 1:12

Camera-to-Patient Distance: \_\_\_\_\_

Patient Preparation: Remove gown completely. Patient should wear

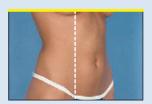
a photo garment.

**Patient Positioning:** Patient standing comfortably erect with arms folded above breasts. Feet should be aligned with appropriate tape

Framing: Position inframammary fold at top of frame. Center torso

horizontally.







## **HIPS/THIGHS**

Target Area: 42x63cm (vertical)

Reproduction Ratio: 1:18

Camera-to-Patient Distance:

Patient Preparation: Remove gown completely. Patient should wear

a photo garment.

**Patient Positioning:** Patient standing comfortably erect with arms folded above breasts. Feet should be at approximately shoulder width, aligned with appropriate tape marks on floor. (For larger pa-

tients, a wider stance may be required.)

Framing: Position knees at bottom of frame. Center hips horizontally.

Special Notes: Distal leg should not be visible in lateral views.









